

DAILY SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	Appointment Only	Appointment Only	Open 3PM to 9PM	Open 3PM to 8PM	Open 3PM to 9PM	Open 3PM to 8PM	Open 9AM to 12PM		
8:00 AM	Available by Appointment Only Please Contact Us!	Available by Appointment Only Please Contact Us!							
8:30 AM									
9:00 AM								9:00AM to 10:00AM Striking	
9:30 AM									
10:00 AM								10:00AM to 11:00AM Krav Maga	
10:30 AM									
11:00 AM									
11:30 AM								12:00PM Close	
12:00 PM									
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM					3:00PM Open	3:00PM Open	3:00PM Open	3:00PM Open	
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM					5:00PM to 6:00PM Krav Maga		5:00PM to 6:00PM Krav Maga		
5:30 PM						5:30PM to 6:30PM Striking		5:30PM to 6:30PM Striking	
6:00 PM			6:00PM to 7:00PM Striking		6:00PM to 7:00PM Striking				
6:30 PM				6:30PM to 7:30PM Krav Maga		6:30PM to 7:30PM Krav Maga			
7:00 PM			7:00PM to 8:00PM Krav Maga		7:00PM to 8:00PM Krav Maga				
7:30 PM				8:00PM Close		8:00PM Close			
8:00 PM									
8:30 PM			9:00PM Close		9:00PM Close				
9:00 PM									